

# Tia Pleiman, MA, ATR, LPCC

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University of Charleston, Charleston, WV, BA Psychology and Fine Art  
Hofstra University, Hempstead, NY, MA Creative Art Therapies  
Colorado Mountain College, Breckenridge, Co.  
Child Care Center Director Certification  
Adams State University, Alamosa, Co., MA Clinical Mental Health Counseling

## Professional Experiences

**Clinical Mental Health Counselor** **San Luis Valley Behavioral Health**  
January 2019 to Present Alamosa, Colorado  
Fulltime Outpatient Clinician working in Community Mental Health. Responsible for intakes, assessments, individual and group therapy. Working with all ages, treatment planning and incorporating multiple modalities, including Person Centered, Strength Based Solution Focused, CBT, Art and Play Therapy.

**Clinical Mental Health Counseling Intern** **San Luis Valley Behavioral Health**  
January 2018 through May 2019 Alamosa, Colorado  
As an Intern, I have administered screenings, assessments, treatment plan formulation, co-lead therapy groups, and work with individual clients as an Outpatient Clinician and in Medical Integration.

**Educator/Art Therapist** **The Crest Academy**  
January 2017 through May 2017 Salida, Colorado  
Provided expressive art activities for middle school students in a project-based learning environment. The art experiences were designed for both individual and collective participation and provided avenues for self- exploration, social /emotional development, interpersonal communication and creative literacy.

**Art/Activities Therapist** **Columbine Manor**  
September 2016 through May 2017 Salida, Colorado  
Provided activities and art therapy for residents of a long term care facility, the majority of which had varying degrees of Dementia and Alzheimer's and/or long term rehabilitation. Services were provided on both an individual and group level.

**Educator/Art Therapist** **Sunrise Public School, Vidya Mandir, Shishu Mandir**  
April 2015 through June 2016 Talla Ramgarh, Uttararakhand, India  
Facilitated English language acquisition and literacy skills through Art Therapy with preschoolers through High school students, and with the teachers, in three village schools located in Himalayas of North India.

**Art Therapist/Educator** **Aikiyam School, Deepanam School, New Colors,**  
**August 2009 through April 2015** **Auroville Retreats, Play of Painting**

International Township of Auroville Tamil Nadu, South India  
Facilitated Integral Art programs in village schools and after school programs which fostered personal growth, self-expression interpersonal communication skills, social/emotional development, literacy and creative empowerment. Facilitated Art Therapy groups for adults fostering personal growth and exploration and facilitated a process painting studio for mixed-age participants.

**Art Therapist/Counselor** **PCVC: International Foundation for Crime Prevention and Victim Care**

September, 2013 through June 2014 Chennai, South India  
Provided Art Therapy and counseling for victims of domestic violence, specifically women in emotional and physical rehabilitation from self-harm and suicide attempts through self-immolation. Worked individually, with groups and with mothers and their children.

**Training/Workshop Facilitator** **East West Center for Counseling/Madras Women's Christian College**

March 2012 Chennai, South India  
Facilitated 5- Day Intensive training workshops on "An Introduction to Art Therapy," for groups of professionals from diverse settings, enrolled in an Expressive Therapy Certificate Program.

**Art Therapist** **Colorado Heritage Camps**

Summer, 2010 Denver, Colorado  
Facilitated Art Therapy groups for foreign adopted children by American families. Each camp was specifically designed to provide a reflective, socially interactive, culturally appropriate and immersive experience.

**Social Experience Teacher/Art Therapist** **Horizons Exploratory Academy**

August 2009 through May 2010 Salida, Colorado  
Provided social experience/community service projects and creative activities for high school students in an alternative educational setting.

**Owner/Administrator/Early Childhood Educator/Art Therapist** **The Creative Playhouse**

June 1999 through August 2010 Salida, Colorado  
Owned and operated a Community Art Center which housed a Creative Based Preschool. Provided a wide variety of art programs and classes for all ages. Facilitated a weekly Art Therapy group for teen girls entitled "Young Female Empowerment through Art".

**Adjunct Faculty** **Colorado Mountain College**

2002 through 2003 Salida, Colorado  
Taught an experiential, developmental course entitled "Creativity and the Young Child". The course explored the stages of child development through a child's physical, social, emotional and creative stages and was geared to Early Childhood Educators and Child Care Providers.

**Art Therapist** **Developmental Opportunities/Starpoint**  
June 1999 through August 2003 Salida, Colorado  
Provided individual and group art therapy for adults with developmental disabilities.

**Educator/Art Therapist (B.O.C.E.S. )Buena Vista Adolescent Day Treatment Program**  
August 1997 – May 1999 Buena Vista, Colorado  
Provided individual and group art therapy and a creative literacy program for adolescents with social/emotional/behavioral issues in an alternative middle school program.

**Early Childhood Educator/Art Teacher** **Rocky Mountain Montessori School**  
June 1998 through August 1997 Dillon, Colorado  
Developed and implemented a creative art program to supplement the Montessori curriculum for Preschoolers, 3 to 6 years of age.

**Art Therapist** **St. Christopher Otilie/ P.S. 255Q**  
September 1982 through April 1988 Jamaica, New York  
Worked as an Art Therapist in a **Residential Treatment Facility** for inner city youth ages 15 -22. The residents, both male and female, were dual diagnosed with social/emotional/behavioral and psychiatric disorders. I worked within an interdisciplinary treatment teams and worked with the residents both individually and in groups.

## References

Jill Davis, Principal, The Crest Academy 719.239.2977  
Bonnie Ortega, LPC CACIII, SLV Behavioral Health 719.580.1884  
Al Gonzales, MA, LPC-LAC, SLV Behavioral Health 719.587.5687