

Tia Pleiman, MA, ATR, NCC, LPCC

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www.createandtransform.org

Education and Certification

University of Charleston, Charleston, WV, BA Psychology, Fine Art

Hofstra University, Hempstead, NY, MA Creative Art Therapies

Registered Art Therapist, Art Therapy Credentials Board

Colorado Mountain College, Breckenridge, Co.

Child Care Center Director Certification

Adams State University, Alamosa, Co., MA Clinical Mental Health Counseling

Nationally Certified Counselor, National Board for Certified Counselors

Licensed Professional Counselor Candidate

Professional Experiences

Clinical Mental Health Counselor

San Luis Valley Behavioral Health

January 2019 to January 2020

Alamosa, Colorado

Fulltime Outpatient Clinician working in Community Mental Health. Responsible for intakes, assessments, individual and group therapy. Working with all ages, treatment planning and incorporating multiple modalities, including Person Centered, Strength Based Solution Focused, CBT, Art and Play Therapy.

Clinical Mental Health Counseling Intern

San Luis Valley Behavioral Health

January 2018 through May 2019

Alamosa, Colorado

As an Intern, I have administered screenings, assessments, treatment plan formulation, co-lead therapy groups, and work with individual clients as an Outpatient Clinician and in Medical Integration.

Educator/Art Therapist

Crest Academy

January 2017, through May 2017

Salida, Colorado

Provided expressive art activities for middle school students in a project-based learning environment. The art experiences were designed for both individual and collective participation and provided avenues for self- exploration, social /emotional development, interpersonal communication and creative literacy.

Art/ Activities Therapist

Columbine Manor

September 2016, through May 2017

Salida, Colorado

Provided activities and art therapy for residents of a long- term care facility, the majority of which had varying degrees of Dementia and Alzheimer's and/or long -term rehabilitation. Services were provided on both an individual and group level.

Educator/Art Therapist **Sunrise Public School, Vidya Mandir, Shishu Mandir**

April 2015 through June 2016 Talla Ramgarh, Uttarakhnad, India

Facilitated English language acquisition and literacy skills through Art Therapy with preschoolers through High school students, and with the teachers, in three village schools located in Himalayas of North India.

.Art Therapist/Educator **Aikiyam School, Deepanam School, New Colors,**

August 2009 through April 2015 **Auroville Retreats, Play of Painting**

International Township of Auroville Tamil Nadu, South India

Facilitated Integral Art programs in village schools and after school programs which fostered personal growth, self- expression interpersonal communication skills, social/emotional development, literacy and creative empowerment. Facilitated Art Therapy groups for adults fostering personal growth and exploration and facilitated a process painting studio for mixed-age participants.

Art Therapist **PCVC: International Foundation for Crime Prevention and Victim Care**

September 2013 through June 2014 Chennai, South India

Provided Art Therapy and counseling for victims of domestic violence, specifically women in emotional and physical rehabilitation from self-harm and suicide attempts through self-immolation. Worked individually, with groups and with mothers and their children.

Training/Workshop Facilitator **East West Center for Counseling/Madras Women's Christian College**

March 2012 Chennai, South India

Facilitated 5- Day Intensive training workshops on "An Introduction to Art Therapy," for groups of professionals from diverse settings, enrolled in an Expressive Therapy Certificate Program.

Art Therapist **Colorado Heritage Camps**

Summer, 2010 Denver, Colorado

Facilitated Art Therapy groups for foreign adopted children by American families. Each camp was specifically designed to provide a reflective, socially interactive, culturally appropriate and immersive experience.

Social Experience Teacher/Art Therapist **Horizons Exploratory Academy**

August 2009, through May 2010 Salida, Colorado

Provided social experience/community service projects and creative activities for high school students in an alternative educational setting.

Owner/Administrator/Early Childhood Educator/Art Therapist **Creative Playhouse**

June 1999, through August 2010 Salida, Colorado

Owned and operated a Community Art Center which housed a Creative Based Preschool. Provided a wide variety of art programs and classes for all ages. Facilitated a weekly Art Therapy group for teen girls entitled "Young Female Empowerment through Art".

Adjunct Faculty

Colorado Mountain College

2002/ 2003

Salida, Colorado

Taught an experiential, developmental course entitled "Creativity and the Young Child". The course explored the stages of child development through a child's physical, social, emotional and creative stages and was geared to Early Childhood Educators and Child Care Providers.

Art Therapist

Developmental Opportunities/Starpoint

June 1999, through August 2003

Salida, Colorado

Provided individual and group art therapy for adults with developmental disabilities.

Educator/Art Therapist

(B.O.C.E.S.)Buena Vista Adolescent Day Treatment Program

August 1997 – May 1999

Buena Vista, Colorado

Provided individual and group art therapy and a creative literacy program for adolescents with social/emotional/behavioral issues in an alternative middle school program.

Early Childhood Educator/ Art Teacher

Rocky Mountain Montessori School

June 1998, through August 1997

Dillon, Colorado

Developed and implemented a creative art program to supplement the Montessori curriculum for Preschoolers, 3 to 6 years of age.

Art Therapist

St. Christopher Otilie/ P.S. 255Q

September 1982 through April 1988

Jamaica, New York

Worked as an Art Therapist in a **Residential Treatment Facility** for inner city youth ages 15 - 22. The residents, both male and female, were dual diagnosed with social/emotional/behavioral and psychiatric disorders. I worked within an interdisciplinary treatment teams and worked with the residents both individually and in groups.

References

Jill Davis, Principal, The Crest Academy 719.239.2977
Bonnie Ortega, LPC CACIII, SLV Behavioral Health 719.580.1884
Al Gonzales, MA, LPC-LAC, SLV Behavioral Health 719.587.5687